



## PREPARING FOR YOUR SURGERY AT AN OUT-PATIENT SURGERY CENTER

**Name:**

**Surgery Date:**

**Arrival Time:**

**Surgery Time:**

**Procedure:**

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**PLEASE ARRIVE AT:**

**La Peer Surgery Center**

**8920 Wilshire Blvd, Suite 101, Beverly Hills, CA 90211**

**Phone: (310) 360-9119**

Subterranean parking is available on the La Peer Drive side of the building. The facility will validate for the first hour only.

While you are in surgery, your friends and family will be directed to wait in the lobby. We ask that you bring no more than 1 or 2 people with you to the surgery center. You are required to have a designated person to drive you home from the surgery center when you are discharged.

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**PRE-OPERATIVE TESTING:**

The surgery center requires patients to have a pre-operative physical and laboratory testing within fourteen (14) days of the surgical procedure. Our office must be in receipt of your reports 48 hours prior to your surgery. Accordingly, please schedule a pre-operative appointment with your internist no less than 4 days and no more than 14 days prior to your surgery date.

After scheduling your preoperative appointment, please provide the dates to your doctor's assistant at (310) 860-3048. Our office will provide the necessary paperwork to your pre-op physician prior to your appointment date.

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**PRE-OPERATIVE MEDICATIONS:**

- ❖ **Stop taking Aspirin and Anti-inflammatory medications (NSAIDs) prior to surgery**  
Please do not take any aspirin or medications containing aspirin, such as (Bayer, Ecotrin, Plavix, etc) at least five (5) days prior to your surgery date. If you are on Coumadin or Warfarin, please discuss the management of these medications with your internist.
  
- ❖ Please do not take any anti-inflammatory medications (NSAIDs) such as Advil, Celebrex, Ibuprofen, Naprosyn, Motrin, etc. at least five (5) days prior to your surgery date.



- ❖ In addition, if you are taking any medicinal herbs such as Cayenne, Cowhage, Echinacea, Ephedra, Feverfew, Garlic, Ginger, Gingko, Ginseng, Goldenseal, Kava-kava, Licorice, St. John's Wart, Saw Palmetto or Valerian, you will also need to stop these (5) days prior to your surgery.
  - ❖ If you are taking other medications not listed above, please discuss them with your internist at the time of your pre-operative appointment.
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### WHAT TO DO AND BRING:

- ❖ If you develop a fever, cold symptoms, coughing, chills, aches, or any other illness between now and your surgery date, notify your surgeon's office and your primary care physician immediately.
- ❖ Bring a current list of medications with you to the surgery center; this should include medication names, dosages, and how many times a day you take each medication.
- ❖ Bring Insurance cards/information, Identification card or Driver's license, emergency telephone number.
- ❖ Please wear loose fitting, comfortable clothing to the surgery center.
- ❖ **FILMS:** A hard copy of your X-ray or MRI films will be needed on the day of your surgery. If you have these in your possession, please bring them to the surgery center on the day of your surgery. If these were taken in your surgeon's office, the above does not apply; the surgeon will bring the films to the hospital.

### WHAT NOT TO DO OR BRING:

- ❖ **DO NOT** eat or drink anything after 12:00 am (midnight) the day before your surgery. This includes water, chewing gum, breath mints, etc. There are some exceptions that may be made by your internist or surgeon. If you are required to take a medication on the morning of your surgery, you may do so with a small sip of water.
  - ❖ On the morning of your surgery, you may brush your teeth and rinse your mouth but **DO NOT** swallow any of the water/mouthwash.
  - ❖ **DO NOT** take any valuables, such as jewelry.
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### ANESTHESIA:

- ❖ The surgery center has privately contracted anesthesiologists whom work with our surgeons. If you have any financial questions regarding anesthesia, please contact Anesthesia Partnership at (213) 637-3700 to ask if your anesthesia is covered by your insurance. If you are not covered, they can assist with arrangements in order to provide the services needed for your surgery.
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## MEDICAL EQUIPMENT:

- ❖ Most surgical procedures require post-operative equipment such as braces, slings, ice machines, etc. The necessary items will be selected by your surgeon; however, a DME company will be contacting you to make arrangements for these items to be delivered before your surgery.
  - ❖ Often times these items are covered by your insurance company. In the event that the items are not covered, patients will be offered the equipment to rent. Fees vary per DME distributor.
  - ❖ **If you are given a post-operative brace or sling, please be sure to bring this with you to the surgery center on the day of your surgery.** You do not need to bring the ice machine with you to the surgery center.
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## POST OPERATIVE MEDICATIONS / INSTRUCTIONS:

- ❖ You will be given a prescription for post operative medications prior to your surgery. You do not need to bring these medications with you to the surgery center; however, we recommend you have it filled at your pharmacy prior to surgery so that you have it available to you once you are home.
  - ❖ You will be given post operative instructions specific to your surgery. Also, you will be provided with a "Frequently Asked Questions" handout to further assist you during the recovery process.
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## POST OPERATIVE APPOINTMENT:

Your **post-operative follow-up appointment** will be scheduled on:

Appointment Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ at \_\_\_\_ AM / PM

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## DISABILITY FORMS:

All Private Insurance Disability Forms, Life Insurance Forms, Work Insurance forms & Workers' Compensation forms will have a \$25.00 fee due at the time forms are submitted to the office. Paperwork will not be processed without payment. The initial State Disability form completed will not require a fee. Please be sure that all forms submitted are appropriately filled out and signed by you before the physician can complete his/her portion of the paperwork.

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## INSURANCE:

Please note that all insurances vary in ability to cover cost for your surgeon's fees, facility fees, anesthesia fees and any other special necessities. Please be advised the surgeon may



not be contracted with your insurance carrier. To avoid delays, postponements, or cancellation of your surgery, please take care of all financials prior to your surgery.

**It is important that you contact our financial department to discuss insurance coverage and arrangements for payment prior to your surgery.**

**You may our billing company, Medicus, at (949) 743 -9595.**

As a courtesy to our patients, your surgeon's office will obtain the authorization for your surgeon's fee, hospitalization and surgery.

Workers' Compensation: Scheduling of surgery for ALL workers' compensation patients will not be completed unless authorization has been received in writing from your workers' compensation insurance.

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## **LA PEER SURGERY CENTER – PAYMENT POLICY**

La Peer Surgery Center is non-contracted facility for all insurance carriers. However, in order to better serve our patients, the surgery center has agreed to bill your procedure-related fees as if you were at an "in-network" facility. What this means to you, the patient, is that the amount you will be responsible for will be the same as if you went to an "in-network" facility. You will only be responsible for the in-network co-pay and deductible. You will not be asked to pay anything more than you would if you had your surgery at a contracted facility.

**You will receive an Explanation of Benefits (EOB) from your insurance company stating that La Peer is a non-contracted provider and it will state you are responsible for a certain amount.** Please remember – this is **NOT** the amount you will be billed by La Peer Surgery Center. The surgery center will verify your benefits in advance of your surgery date and contact you regarding any financial responsibility. You will be required to pay for your co-insurance on the day of surgery.

Please note that all anesthesia, labs, pathology, etc will be an additional cost to you and billed by the respective providers as they would be at any other facility.

Should you have any further questions in regard to this policy, please contact the front office administrator at La Peer Surgery Center at (310) 360-9119 ext 2.

### **DIRECTIONS:**

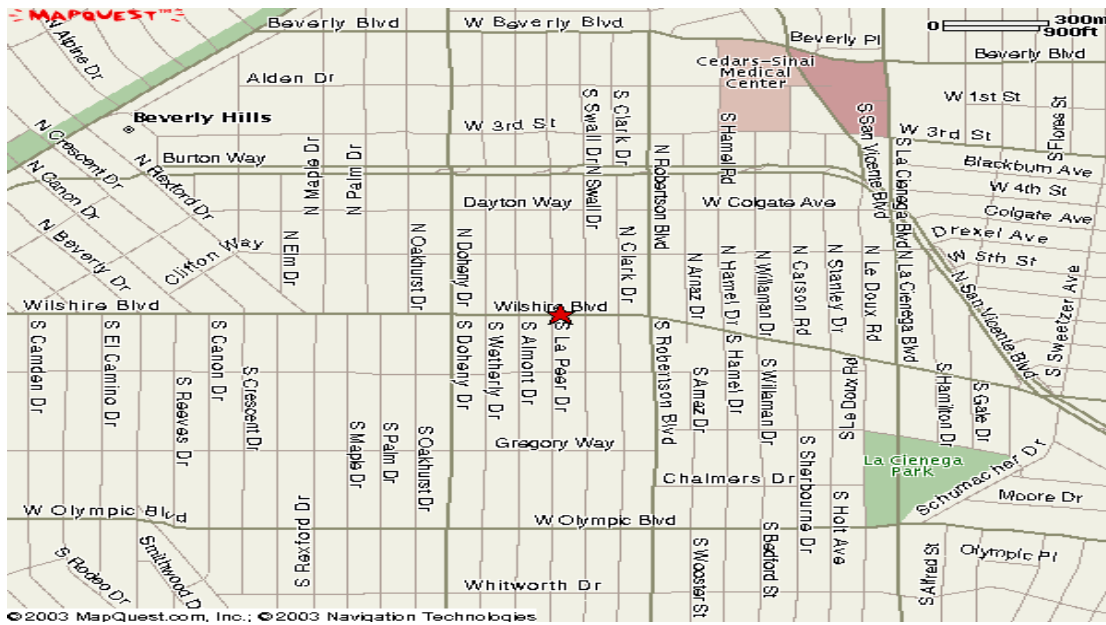
#### From the I-10 West

Take the Robertson Blvd Exit  
Make a Right at the off ramp  
Head north of Robertson Blvd.  
Make a left onto Wilshire Blvd.  
Turn Left on La Peer Drive

#### From the I-10 East

Take the La Cienega Blvd – North exit  
Head north on La Cienega Blvd  
Make a left onto Wilshire Blvd.  
Turn left on La Peer Drive

## MAP - LA PEER SURGERY CENTER:



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For any additional questions or assistance in regards to your surgery, please contact your physician's Surgical Coordinator:

**Sabrina Duran**  
**Phone: (310) 860-3081**  
**Fax: (310) 550-7680**  
**Email: [Sabrina@snibbeorthopedics.com](mailto:Sabrina@snibbeorthopedics.com)**



LaPeer Surgery Center, LLC  
Patient Disclosure Information

To our patients:

If your treatment program requires a surgical procedure(s), Dr. Jason C. Snibbe may perform the surgery at La Peer Surgery Center. It is required by the Federal Government that we inform you that Dr. Snibbe has a financial interest in the above named facility.

I, \_\_\_\_\_ understand the above statement in its entirety. I have also received a copy of this information for my records.

Please call our office or the surgery center if you have any questions about the information contained herein.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date